

# REGION I RULES

## for Novice Vaulters ONLY

(possibly known as.....NATIONAL NOVICE CLASSES)

### **INTRODUCTION**

*The following Region I rules and guidelines are set up to allow vaulters of all levels and capabilities to compete in a constructive manner at all AVA REGION I Competitions. No age limit, only abilities will put the vaulters into the different levels.*

*The Region I “Specially Titled” classes such as “novice modified walk”(first three compulsories only on the barrel and horse), “novice walk (all compulsories, horse and barrel and only a barrel freestyle) “novice advanced walk” and “novice trot”(compulsories and freestyle on horse and barrel), are all to help encourage new vaulters to be a part of Regional Competitions and these rules. The word “novice” means “needs help onto the horse” for handicapped, special needs, young and/or very new vaulters that need help onto the horse.*

*These rules and guidelines are not endorsed by the American Vaulting Association but do follow AVA rule guidelines as closely as possible in these specially titled classes, as they are designed to help vaulters graduate into AVA vaulting levels*

## REGION I RECOGNIZED INDIVIDUAL NOVICE LEVELS

1. REGION I Recognized Competitions consist of the following REGION I Recognized Levels:
  - a. **Individual Novice Trot** (vaulters must have assisted mount onto the horse. Spotters allowed for compulsories and freestyle but a deduction from score if touched)
  - b. **Individual Novice Advanced Walk** (vaulters must have assisted mount onto the horse. Spotters may be present during compulsories and freestyle, but will receive a ‘0’ for any exercise for which the vaulter receives any assistance. All compulsories, horse and barrel freestyle allowed. Eligible for High Points)
  - c. **Individual Novice Walk** (vaulters must have assisted mount onto the horse. Spotters are allowed with no deductions for assistance in all compulsories. Barrel freestyle only. May qualify for barrel Overall.)
  - d. **Individual Novice Modified Walk** (vaulters must have assisted mount onto the horse and must have spotters present and will not receive a deduction for assistance. The Basic seat, Flag and Mill compulsories only. No horse or barrel freestyles.)

## REGION I COMPETITION EVENTS AND AWARDS:

1. All REGION I Recognized Competitions are held according to AVA rules except in REGION I recognized events where REGION I Rules apply.
2. All REGION I Novice entrants must be divided into groups of five and placed into divisions “A” through “Z” according to scores. Each division has awards of 1st through 5th. These divisions are created so the vaulters and their families recognize their ranking in this event.

## ELIGIBILITY TO COMPETE

1. All clubs, vaulters, coaches and longeurs must be registered members in good standing of the AVA and REGION I in order to compete in all AVA and REGION I competitions.

# INDIVIDUAL EVENTS:

## 1. Novice Trot Level Event

- a. Vaulters must have an assisted mount onto the trotting horse and the barrel.
- b. Vaulters may not hold any medals.
- c. Vaulters in any Novice event may not compete in any other REGION I Recognized events of a higher level during that competition.
- d. Vaulters may have spotters present during compulsories and freestyle, but will receive a deduction for any exercise in which the vaulter receives assistance from the spotter, with the exception of the mount, which is scored on form only.
- e. Events consist of one round of compulsories and freestyle performed in separate events on the horse.
  - i. Compulsories are performed as in the Individual Trot events.
- f. Freestyle is a one-minute (maximum) free-style routine of static and exercises on horse going to left.

## 2. Novice Advanced Walk Level Event:

- a. Vaulters must have assisted mount onto walking horse & barrel.
- b. Vaulters may not hold any medals.
- c. Vaulters in any Novice event may not compete in any other REGION I Recognized events of a higher level during that competition.
- d. Vaulters may have spotters present during compulsories and freestyle, but will receive '0' for any exercise in which the vaulter receives assistance from the spotter, with the exception of the mount, which is scored on form only.
- e. Events consist of one round of compulsories and freestyle performed in separate events on the horse.
  - i. Compulsories are performed as in the Individual Trot events.
  - ii. Freestyle is a one-minute (maximum) free-style routine of static and dynamic exercises on horse going to left.
  - iii. Should be Level II and III exercises only.
- f. May qualify for Overall Awards.

## 3. Novice Walk Level Event:

- a. Vaulters must have an assisted mount onto the walking horse and the barrel.
- b. Vaulters may not hold any medals.
- c. Vaulters in any Novice event may not compete in any REGION I Recognized events of a higher level during that competition.
- d. Vaulters may have spotters present during compulsories and barrel freestyle, and will receive no deduction for any exercise in which the vaulter receives spotting contact or assistance from the spotter. These exercises will be scored on form only.
- e. Events consist of one round of compulsories and barrel (only) freestyle performed in separate events.
  - i. No horse freestyle at this level
- f. Freestyle is a one-minute (maximum) free-style routine of static and dynamic exercises on the barrel only.
  - i. Should be Level III exercises only.
- g. May qualify for 2-Phase overall awards.

## 4. Novice Modified Walk Level Event:

- a. Vaulters must have an assisted mount onto the walking horse and the barrel.
- b. Vaulters may not hold any medals.
- c. Vaulters in any Novice event may not compete in any REGION I Recognized events of a higher level during that competition.
- d. Event consists of only the Basic Seat, Flag and Mill Compulsories.
  - i. No barrel freestyle or horse freestyle at this level.
- e. Vaulters may have spotters present during these compulsories exercises and will receive no deduction for any exercise in which the vaulter receives spotting contact or assistance from the spotter. These exercises will be scored on form only.

# INDIVIDUAL NOVICE 2-PHASE EVENT

1. **All Novice Levels** are performed in accordance with REGION I Rules. Novice Awards are awarded in division as described in Awards Section.
  - a. The compulsory sections are performed on the barrel with the vaulter performing all 7 compulsory exercises to the left. (not to the right as the right is to confusing at this level)
  - b. Barrel Freestyle for all novice levels is 75 seconds.
  - c. All novice freestyles should be level II and III exercises only.
    - i. **Novice Trot** no down and ups are allowed. May qualify for Overall Awards.
    - ii. **Novice Advanced Walk** may have a barrel freestyle. No down and ups are allowed. May qualify for Overall Awards.
    - iii. **Novice Walk** may have a barrel freestyle, no down and ups are allowed. May qualify for 2-Phase Overall Awards.
- IV **Novice Modified Walk**, no barrel freestyle allowed not eligible for Overall Awards.



# GLOSSARY OF TERMS

## AMERICAN VAULTING ASSOCIATION (AVA)

An organization of registered vaulters in the United States who are competing nationally and internationally.

## AWARD for NOVICE VAULTERS

All Novice entrants must be divided into groups of five and placed into Divisions “A” through “Z” according to scores. These divisions are created so that the vaulters and their families recognize their ranking in this event. Each division has awards of 1st through 5th.

## COMPULSORIES

Required exercises for all Novice vaulters. Mount, Riding Seat, Flag, Mill, Scissors, Stand, Full Flank, to be performed in a set manner. The Novice Modified Walk vaulters only perform the Riding Seat, Flag, and Mill.

## DIVISION

- All Novice: Divisions A through Z. 1st- 5th place in each division.

## EVENT

A particular class at a competition.

## FREESTYLE

Free-style routine designed to show artistic abilities and originality.

## GAIT

Pace of the horse; Walk, Trot

## INDIVIDUAL NOVICE 2-PHASE

Compulsories performed on the barrel (to the left) and freestyle performed on the barrel.

## LEVEL

Difference in rating or expertise. Novice Modified Walk, Novice Walk, Novice Advance Walk, Novice Trot,

NOVICE WALK - Vaulter needing assistance onto the horse. All 6 Compulsories on the horse and barrel. Freestyle on the barrel only. Spotters allowed, no deductions.

NOVICE ADVANCED WALK - Vaulter needing assistance onto the horse. All 6 Compulsories on the horse and barrel. Barrel and Horse Freestyles allowed. Spotters allowed, deduction for assistance.

NOVICE MODIFIED WALK - Vaulter needing assistance onto horse. Compulsories are only the Riding Seat, Flag, and Mill on the horse and barrel. No Freestyles. Spotters allowed, no deductions.

NOVICE TROT - Vaulter needing assistance onto the horse. All 6 Compulsories are to be performed on the horse and barrel. Spotters allowed, deduction for assistance.

## REGION I

The southwestern portion of the United States as stated by the AVA, including portions of California, Arizona, Nevada and Utah.



**Suggested Class . . .** A **PAS DE DEUX** class with one handicapped and one non-handicapped vaulter, working together, in a Freestyle Routine. It can be for whatever time limit thought appropriate (45 seconds, a minute or ?) for a Barrel Freestyle or a Horse Freestyle (at the walk) with no deduction for spotters. (This is not a Region I class but has been done very successfully) VH